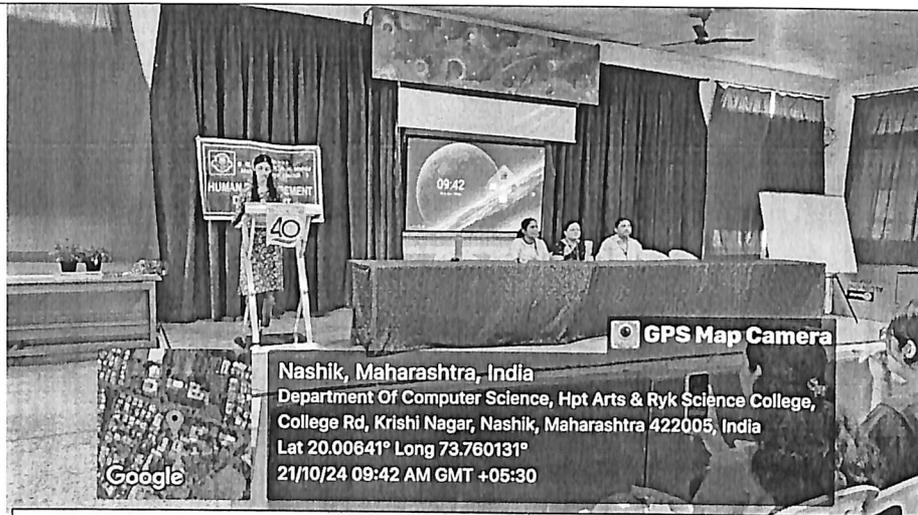


G.E. Society's S.M.R.K.-B.K.-A.K. Mahila Mahavidyalaya, Nashik

Event Report – 2024-25

Name of the Program	Guest Lecture on 'Planned Parenthood'
Day and Date	Monday, 21/10/2024
Organizing Committee/ Department (Mention Collaborating Agency, if any)	Human Development Department
Time	9.30 am to 10.30 am
Topic/ Theme	Planned Parenthood
Resource Person	Dr. Mrs. Kavita Matere, Principal, SMBT Institute of Nursing, Igatpuri, Nashik
No. of Students attended the Program	33 Students of S.Y.B.Sc. Home Science
Brief Summary	<p>Human Development Department organized Guest Lecture on 'Planned Parenthood' for S.Y.B.Sc. students under the subject Family Dynamics on Monday, 21st October 2025. The Resource Person for the seminar was Dr. Mrs. Kavita Matere Madam, Principal, SMBT Institute of Nursing, Igatpuri, Nashik. Ms. Dhanashree Kalbhor, student of S.Y.B.Sc. anchored of the lecture. The brief introduction of the lecture was given by Ms. Dhanashree Kalbhor and the introduction of the resource person was given by Ms. Ojaswi Kulkarni, student of S.Y.B.Sc. After the introduction Dr. Nitin Songirkar Sir, Vice Principal of the College felicitated the Resource Person Dr. Mrs. Kavita Matere Madam. Then Ms. Sangita Kamble Madam, HOD, Human Development Department felicitated Dr. Nitin Songirkar Sir. After felicitation Madam started her discourse. Madam discussed about the meaning of planned parenthood. Then she explained the concept and significance of planned parenthood. She told the joys and hazards of parenting. Then she gave information about the family planning and its methods. She explained various birth control or family planning methods like spacing methods which have two types- natural methods and barrier methods. Barrier methods are physical barrier methods, chemical barrier methods, intra-uterine devices, hormonal methods, post conceptional methods. Then she also explained terminal methods of birth control vasectomy and tubectomy. Then lastly she spoke on parenting at different ages. In it she told about the Galinsky's Stages of Parenthood. The lecture was ended with question answer session. The lecture was very informative and interactive too. Ms. Devanshi Sharma, student of S.Y.B.Sc. proposed Vote of Thanks. After the seminar feedback of all students was collected.</p>

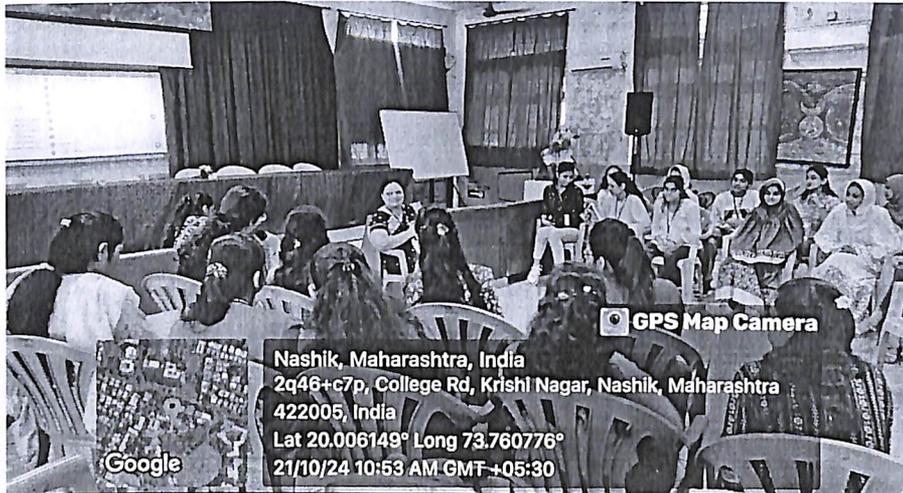
Photographs of
the Guest
Lecture



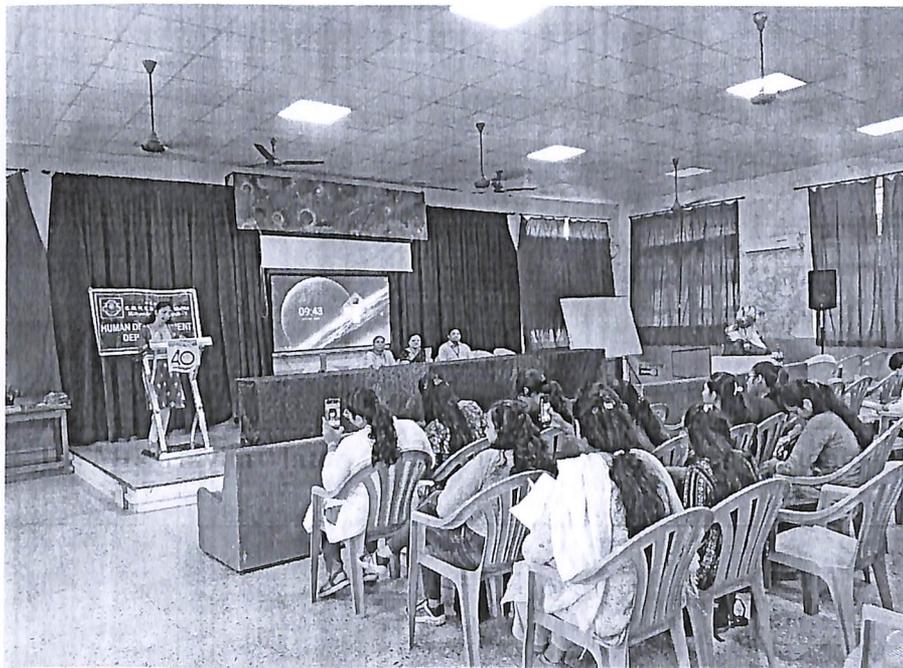
**Ms. Dhanashree Kalbhor giving Introduction of the Guest
lecture**



**Dignitaries on the Dias – Dr. Nitin Songirkar, Vice Principal
of the College, Dr. Mrs. Kavita Matere, Resource Person, and
Ms. Sangita Kamble, HOD, Human Development Dept.**



Dr. Mrs. Kavita Matere Madam guiding students on the topic



Ms. Ojaswi Kulkarni proposed Vote of Thanks.

Signature of
the Committee
In-charge/
H.O.D.

Sanyita Kamble
Sanyita Kamble