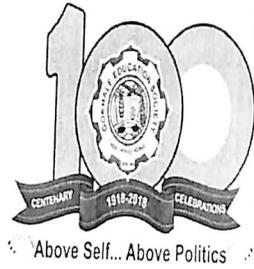




G. E. Society's
**S.M.R.K.B.K.A.K. Mahila
Mahavidyalaya**
Prin. T. A. Kulkarni Vidyanagar,
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Report of Balmahotsav on 'Eat Right'
at **NAMCO Hospital, Nashik**
organized by
Samarthya Group of Human Development Department
Faculty of Home Science on 8th February 2025 (A.Y. 2024-2025)

Name of the Program:	Balmahotsav on the theme 'Eat Right'
Day and Date:	Saturday, 8 th February 2025
Organizing Committee:	Samarthya Group of Third Year Human Development Dept. Students
Time:	10.00 am to 11.30 am
Topic / Theme:	'Eat Right'
Sub-Theme	Good Food Habits
No. of Students attended the Program:	11 Third Year Students & 5 Second Year students of Human Development and 17 cancer patients of Pediatric Ward, NAMCO Hospital, Nashik
Brief Summary:	<p>The Balmahotsav event was organized by the Samarthya Group of the Human Development Department, S.M.R.K.-B.K.-A.K. Mahila Mahavidyalaya, Nashik, to raise awareness about the importance of healthy eating habits in preventing cancer. The event aimed to educate and inspire the community to adopt a balanced diet and lifestyle to combat the growing threat of cancer.</p> <p>The event began with a warm welcome by Ms. Vaishnavi Sonawane, followed by a soulful prayer by Ms. Shreya Mundada, Ms. Ranjana Gavit, and Ms. Ruksar Shaikh, setting a positive tone for the program.</p> <p>Ms. Sangita Kamble, HOD, Human Development Dept., introduced the college and the Human Development Department, highlighting their commitment to community welfare and health awareness. Ms. Tanvi Palde then introduced the Balmahotsav event and the esteemed guests.</p>

Mrs. Vishakha Jahagirdar, Medical Superintendent of NAMCO Hospital, and Mr. Sammer Tuljapurkar, General Manger of NAMCO Hospital graced the occasion with their presence. They shared their good wishes and emphasized the importance of healthy eating habits in cancer prevention.

Ms. Sangita Kamble felicitated the guests and sponsors of the program.

The Samarthya Group performed an engaging skit that showcased the significance of nutritious food and its role in maintaining a healthy lifestyle.

Ms. Shreya Mundada and Ms. Payal Gangurde delivered a heartfelt poem that highlighted the struggles of cancer patients and the importance of hope and resilience in fighting the disease.

Renowned magician Mr. Abhijit Kannadkar enthralled the audience with a captivating magic show, adding an element of entertainment to the event.

The program included a segment dedicated to sharing inspiring stories of celebrity cancer patients who bravely fought the disease, motivating the audience to stay strong and positive.

Ms. Pratiksha Somwanshi mesmerized the audience with a melodious song, spreading a message of hope and positivity.

Participants engaged in creative activities such as canvas printing, tattoo making, and crafting flowers with inspirational quotes. These activities encouraged self-expression and creativity while reinforcing the event's theme.

Ms. Apeksha Mali delivered a heartfelt vote of thanks, expressing gratitude to the guests, sponsors, participants, and organizers for making the event a grand success.

The event was made possible with the generous support of:

- Mr. Abhijit Kannadkar, Magician, Nashik
- Mr. Rahul Kharjul, Anvika Infra Project
- Ms. Nisha Bulane, Meraki Events
- Mr. Vijay Kapse, Social Worker

The Balmahotsav event was a resounding success, effectively spreading awareness about the importance of healthy eating habits in cancer prevention. The program was a perfect blend of education, entertainment, and creativity, leaving a lasting impact on the audience. The Samarthya Group and the Human Development Department of S.M.R.K.-B.K.-A.K. Mahila Mahavidyalaya, Nashik, deserve appreciation for organizing such a meaningful and impactful event on World Cancer Day.

Photographs of the Program



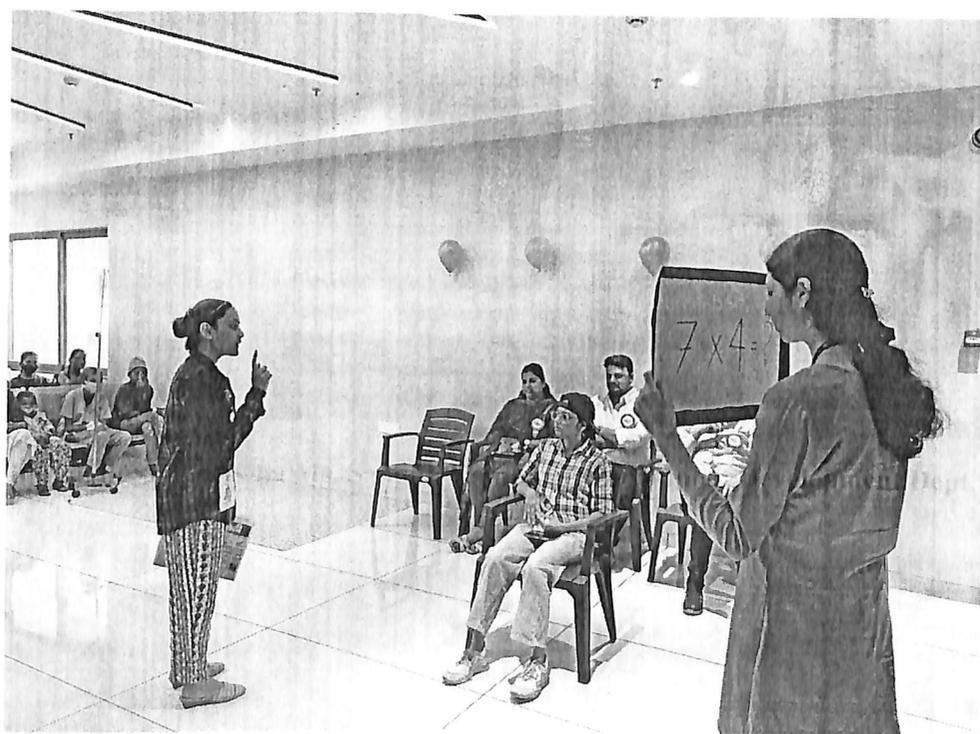
Welcome and Introduction of the Balmahotsav



Felicitation of Mrs. Vishakha Jahagirdar, Medical Superintendent, NAMCO Hospital, by Ms. Sangita Kamble HOD Human Development Dept.



Felicitation of Sponsors by Ms. Sangita Kamble, HOD Human Development Dept.



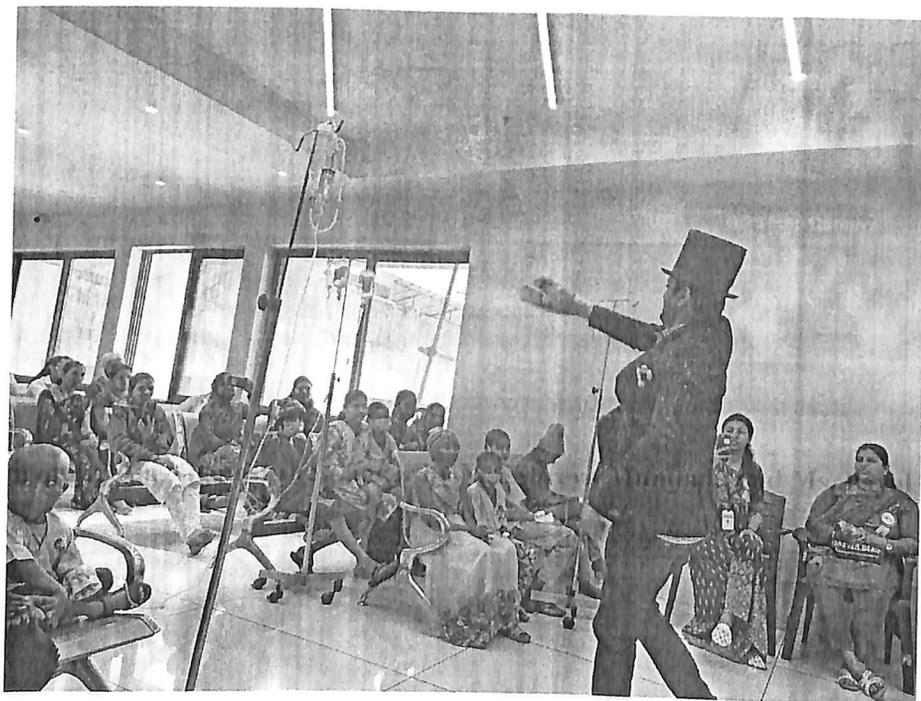
Skit on 'Good food habits' by Samarthya Group of T.Y. Human development students



Nashik, Maharashtra, India
2qmv+h8g, Rto Rd, Samarth Nagar, Makhmalabad, Nashik,
Maharashtra 422004, India
Lat 20.03988° Long 73.793232°
08/02/2025 11:07 AM GMT +05:30

GPS Map Camera

Poem on fighting against the Cancer by Ms. Shreya Mundada and Ms. Payal Gangurde



Magic Show by Mr. Abhijit Kannadkar



Participants of the Balmhotsav

Sangita Kamble

Ms. Sangita Kamble
In charge, Counseling
Cell



Sandhya Khedekar

Dr. Sandhya Khedekar
Principal