

Gokhale Education Society's

SMRK-BK-AK Mahila Mahavidyalaya, Nashik--422005

SMRK-BK-AK/QM/7.2/01

DEPARTMENT OF FOOD SCIENCE AND NUTRITION

EVENT REPORT

Name of Programme:	Celebration of National Nutrition Month , September 2024-25
Day and Date :	Monday 23 rd Sept 2024
Organizing Committee/ Department (Mention collaborating Agency , if any)	Department of Food Science and Nutrition
Time :	11:00 am - 12:15pm
Topic / Theme :	"Nutrigarden: Grow Your Own Food" competition on theme, Ek Ped Maa Ke Naam .
Judge :	Dr. Savita Borse
No. of students attended the Programme:	26 students and 4 teachers
Brief Summary	<p>Every year the Department of Food Science & Nutrition celebrates National Nutrition Month with the aim of spreading awareness about the importance of nutrition among all. September is observed as Poshan maah all over the nation and various activities are organized for the same. This year's prime focuses are: 1. Anemia 2. Complementary feeding practices, 3. Poshan bhi padhai bhi, 4. Use of technology for governance, and 5. Ek ped maa ke naam .</p> <p>A "Nutrigarden: Grow Your Own Food" competition on the theme, Ek Ped Maa Ke Naam was planned on 23rd September.</p>

9 teams (35 students) of SY and TY B.Sc. contested in the competition and prepared nutrigardens. The welcome and introductory speech was given by Mrs Meenal Zawar, I/C Head of Department, FSN department. The event was graced and blessed by Ar. Mr Sanjay Pabari sir, Home Science Coordinator. The judge of the competition was Dr. Savita Borse madam, Asso.Professor who guided the students about the significance of growing organic food in kitchen or balcony gardens, use of organic waste as manure, recycling for sustainability, and preservation of Indian native plants. The nutrigardens and nutribouquets were evaluated on the basis of following points:

1. Application Of The Knowledge
2. Innovative Idea Used For Display
3. Eco-Friendly(Sustainability)
4. Communication Skills
5. Overall Presentation

2 winning teams were declared from all the participating teams:

- 1) Arya, Isra, Bushra Shaikh and Taskeen (TY ND)
- 2) Sonali, Saara, Utakarsha, Mehevish And Vaishnavi (TY ND).

The Thank you speech was delivered by Mrs. Vishaka Gore.

Signature of the
committee In-
charge/ H.O.D.

Meenal Zawar

(Attach
Photographs)





Nashik, MH, India
 College Road, Keshavnagar, Nashik-422 005
 SMRK, India
 Call: 025324188, Land: 0253-250000
 90123250418 | 0253-250000
 Note: Copyright by SMRK Centre



Nashik, MH, India
 College Road, Keshavnagar, Nashik-422 005
 SMRK, India
 Call: 025324188, Land: 0253-250000
 90123250418 | 0253-250000
 Note: Copyright by SMRK Centre



Meenad Zandani
 26/9/24

Head
 Dept. of Food Science And Nutrition,
 SMRK-BK-AK Mahila Mahavidyalaya,
 Nasik - 422 005

Sandhya

Principal
 SMRK-BK-AK Mahila Mahavidyalaya
 Nasik - 422 005