



G. E. Society's
S.M.R.K.B.K.A.K. Mahila Mahavidyalaya
Prin. T. A. Kulkarni Vidyanagar,
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Report of बालमहोत्सव “मी, माइयातला मी आणि माझी सुरक्षा”

At

GES's Madhavrao Lele Vidyalaya, Nashik

Organized by

SPARKLE CREW of Human Development Department

Faculty of Home Science on 23rd March 2024 (Academic Year 2023-24)

Name of the Program:	BALMAHOTSAV on the theme “मी, माइयातला मी आणि माझी सुरक्षा”
Day and Date:	Saturday, 23 rd March 2024
Organizing Committee:	Sparkle Crew of Third Year Human Development Dept. Students
Time:	9:00 am to 11:00 am
Topic / Theme:	“मी, माइयातला मी आणि माझी सुरक्षा”
Sub-Theme	Good Touch, Bad touch & Internal Body Parts.
No. of Students attended the Program:	14 Third Year Students & 16 Students of second year of Human Development and 50 Students of Madhavrao lele Vidyalaya & 50 student of Arvind Manoharpant Kulkarni English School & their Parents.
Brief Summary:	<p>Sparkle Crew (Third Year Students) of Human Development Dept., S.M.R.K. B.K. A.K Mahila Mahavidyalaya organized बालमहोत्सव “मी, माइयातला मी आणि माझी सुरक्षा” for Preschool children of GES's Madhavrao Lele Vidyalaya & Arvind Manoharpant Kulkarni English Medium School, College Road, Nashik on Saturday, 23rd March 2024, from 9:00am to 11:00 am at GES's Madhavrao Lele Vidyalaya Premises. Mrs. Rupali Sangar, Mrs. Indira Shrishrimal & Mr. Manoj Chopra sponsored the Balmahotsav.</p> <p>The programme commenced with the prayer “हिच आमची प्रार्थना” sung by Ms. Urmila Pagar, Ms. Akshada Jadhav & Ms. Tisha Matale. President of Sparkle Crew Ms. Urmila Pagar welcomed the guests, children, parents, & teachers and introduced the Balmahotsav. After the introduction, Mrs. Sangita Kamble Head of The Human Development Department felicitated Dr. Sandhya Khedekar, the Principal of S.M.R.K. B.K. A.K. Mahila Mahavidyalaya. Prin. Shree, Vinod Deshpande, Madhavrao Lele Vidyamandir & Ms. Swarda Bedarkar, Arvind Manoharpant Kulkarni</p>

English School was felicitated at the hands of Prin. Dr. Sandhya Khedekar. Additionally, Mrs. Surekha Jogi, Superintendent of Kulkarni-Deshpande Schools, Mrs. Savant, In-charge Pre-primary section, Mrs. Vishakha Gore, Assist. Prof. Nutrition & Dietetics Dept. were felicitated by Mrs. Sangita Kamble and Mrs. Priyadarshani Kulkarni accordingly. On this occasion, President of Sparkle Crew Ms. Urmila Pagar was also appreciated for the successful organization of *Balmahotsav*.

Prin. Dr. Sandhya Khedekar addressed the parents and teachers on this occasion and extended her best wishes towards the *Balmahotsav*. She emphasized importance of knowing topics like Good Touch & Bad Touch for the children in early years of life. She shared various incidences and experiences based on God Touch & Bad Touch for the children. Prin. Shree. Vinod Deshpande congratulated and express his gratitude towards the Human Development Dept. for organizing such activities from many years in association with the school. he expressed that the children & parents are lucky to be benefited with such programs for the children. The superintendent Mrs. Surekha Jogi thanked the organizers for this innovative effort and successful organization of the program. Under the *Balmoahotsav* various activities were designed for the students to understand the topics of it. After the inauguration of *Balmoahotsav* at the hands of Prin. Dr. Sandhya Khedekar and dignitaries, all the parents were moved for attending the guest lecture on **Nutrition for Preschoolers**. Mrs. Vishakha Gore, Assit. Prof. Nutrition & Dietetics dept. guided the parents. All parents benefited with the knowledge. The session was concluded with question and answer.

Children started enjoying the *Balmahotsav* with the Warmup, Zumba, & Aerobics on Maharashtrian Music along with Ms. Tisha Matala & Ms. Vishakha Shardul. All the students were distributed in four groups and sent to different corners for exploration and learning. Various corners were outlined on the ground under the trees. The corners were Informal Talk Good touch-Bad touch, Informal Talk on Internal organs, Game on good touch-bad touch, Game on Internal Organs and Snacks Corner.

Ms. Agraja Saxsena & Ms. Nikita Garud was In-charge of Informal Talk on Good touch- Bad Touch. Using an interactive picture board children were explained about good touch and bad touch. Different parts of body were marked with red and green sticker to highlight the good touch and bad touch. After the informal discussion, children were allowed to place the red & green stickers on the picture board having image of a baby.

Ms. Rujvika Bangal & Ms. Siddhi Chavan was In-charge of Informal Talk on Internal organs. Using an interactive picture board children were explained about internal organs. The board was having coloured image of internal organs. Children were explained name & function of each organ. Each organ was highlighted with an 3D model of organ to understand more. After the informal discussion, children were allowed to place each organ on the image provided on the board.

The game on Good Touch & Bad Touch and Internal Organs was conducted by Ms. Gauri Sangar & Ms. Vidhi Shrishimal. These games were designed to understand the concepts very clearly and check their learning of these concepts.

To conduct the Good Touch & bad Touch game six number of boxes were kept at one end of the play area. Three green colour boxes were showing good touch and Three red colour boxes were showing bad touch. The play was marked with white border on the ground. At one end six boxes were kept and other end three green and three red colour balls were kept in a box. Two children were played the game at one time. Two children has to hold the paper to its corner and balance the ball from starting point towards the boxes kept at other end. Children has to carry green or red ball at a time and identify the good or bad touch displayed on the box and put into it. Similarly, all children enjoyed the game and learnt the concept with fun of playing.

To conduct the Internal Organs game a diagram (12 feetX7feet) of Internal organs was drawn on the ground. The internal organs were filled with rangoli colours to understand its natural colour and identification of shape. At a time one child was allowed to play the game. Teacher will take the name of an organ and child has to identify that organ and keep paper glass into that particular organ. Similarly, teacher took all the names of organ and child identifies it one by one. One after other child performed the game and enjoyed to learn concept in a play way method.

The last activity was spong painting on the Internal organs parts was led by Ms. Krutika Bankar & Ms. Akshada Jadhav. For doing this creative activity children were given cutouts of different organs in 3-4 children's group. Each group sponge painted one organ. Before starting the activity, children were given demonstration. Then groups were sponge painted the organs with the assistance of girls. After completing the painting all the cutouts of organs were pasted on a board having image of integral organs inside the body. The internal organs board and Good-touch bad-touch board was donated to Madhavrao Lele Vidyalaya and Arvind Manoharpant Kulkarni English medium school's science lab for children to refer in the future. After the creative activity all children enjoyed snacks and juice. At last children were distributed concept based worksheet to solve at home.

All the children enjoyed the *Balmahatsav* and learned the concepts of Good-touch & Bad-touch and Internal organs very easily. All the teachers appreciated all the students of human development & liked all the activities designed by the students. They congratulated the Department & the Sparkle Crew for organizing the *Balmahotsav*. Ms. Nikita Garud concluded the *Balmahotsav* by expressing vote of thanks Ms. Ashwini Kadam anchored the *Balmahotsav*.

Photographs of बालमहोत्सव "मी, माझ्यातला मी आणि माझी सुरक्षा"

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Prin. Dr. Sandhya Khedekar addressed the parents and teachers on this occasion and extended her best wishes towards the *Balmahotsav*.



Prin. Shree, Vinod Deshpande, Madhavrao Lele Vidyamandir & Ms. Swarda Bedarkar, Arvind Manoharpant Kulkarni English School was felicitated at the hands of Prin. Dr. Sandhya Khedekar.



Inauguration of *Balmahotsav* at the hands of Prin. Dr. Sandhya Khedekar and All the dignitaries



Children enjoying the *Balmahotsav* with the Warmup, Zumba, & Aerobics on Maharashtra Music along with Ms. Tisha Matale & Ms. Vishakha Shardul.

Flyer &
Invitation
Card



G. E. SOCIETY'S
S.M.R.K.-B.K.-A.K. MAHILA MAHAVIDYALAYA
NASHIK - 422 005.

SPARKLE CREW
OF
HUMAN DEVELOPMENT DEPARTMENT CORDIALLY
INVITES YOU TO JOIN US FOR

BALMAHOTSAV

ON THE THEME
'मी, माझ्यातला मी
आणि माझी सुरक्षा'
&
GUEST LECTURE FOR PARENTS ON
'NUTRITION FOR PRESCHOOLERS'

AT
GES'S MADHAVRAO LELE VIDYALAYA, Nashik

SATURDAY, 23 MARCH 2024
9.00 AM TO 11.00 AM

Flex



गोखले एज्युकेशन सोसायटीचे

**एस.एम.आर.के.-बी.के.-
ए.के. महिला महाविद्यालय**

प्राचार्य टी. ए. कुलकर्णी विद्यानगर, कॉलेजरोड, नाशिक-५.
(एसएनडीटी महिला विद्यापीठ मुंबई यांचेशी कायमचे संलग्न)

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बालमहोत्सव

आयोजक
मानव विकास विभाग
गृहविज्ञान विद्याशाखा



ESTD - 28th June 1985



**Informal Talk on Good Touch – Bad Touch.
Children interacting with the board**



**Informal Talk on Internal Body Organs.
Child showing place of the brain on the body**



Game on Identification of Internal Body Organs.

Child playing the game.



Game on Good Touch – Bad Touch

Children identifying the bad touch and putting the red ball in the box



Organizing Committee Members of BALMAHOTSAV- Mrs. Sangita Kamble,
Mrs. Priydarshani Kulkarni, Sparkle Crew members and S.Y. Human
Development Students

Ms. Vidhi Shrishrimal
Treasurer of Sparkle Crew

Ms. Rujvika Bangal
Secretary of Sparkle Crew

Ms. Urmila Pagar
President of Sparkle Crew

Ms. Sangita Kamble
HOD Human Development
Dept.



Dr. Sandhya Khedekar
Principal

PRINCIPAL
SMRK-BK-AK Mahila Mahavidyalaya
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